



# ABC – 365 Days Transformation Program

Organized by **Eduathlete Foundation®**

**“No Discipline – No Destiny”**

## PROGRAM SCHEDULE

### Sports Training



**313 Hours** – Athletics Training



**104 Hours** – Badminton



**156 Hours** – Cycling Training



**52 Hours** – Traditional Sport **Lagori**



**144 Hours** – **Chamundi Steps Climbing Classes**



### Academic Development



**96 Hours** – Language Classes



**48 Hours** – Kannada & English Handwriting



**192 Hours** – Grassroot Level Maths & Science



### Personality & Growth



**104 Hours** – Mentoring (Personality Development)



**12 Hours** – EA2T Mock Tests



**12 Hours** – Parent Interaction, Feedback & Guidance



### Health & Recovery



**4 Sessions** – General Body Recovery Oiling

### Contact Us



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**Nivedithanagara**